



Change yourself. Change your world. Volunteer.

## In This Issue

[Trainings & Brown Bags](#)

[What's New](#)

[Superhero of the Month](#)

## Community Organization Newsletter

January 2009

## Quick Links

[VSD Website](#)

[DOVIA](#)

[VSD Blog](#)

[VSD Podcast](#)

[Check Your Agency Listings](#)

[Email Discussion List on Google Groups](#)

[Nominate Your Superhero Volunteers](#)

## Volunteer San Diego Executive Director's Message

Welcome to 2009! Every year at this time, many people contact Volunteer San Diego as part of their New Year's Resolutions. And every year, we are excited by the commitment our fellow San Diegans make to creating a better community for us all.

Volunteer San Diego's resolution is to create even more meaningful ways to volunteer - with VSD and you, our community partners. We look forward to helping unleash more of the impact and power that volunteers can offer our community and to telling your stories.

I'm constantly amazed and inspired to hear from volunteers who thank us for "letting" them help. What a great reminder of the opportunity we have to enable others to contribute their voices and talents to our important work - and a challenge for us to continue investing the time to develop volunteer roles for that work.

To those of you who help others find meaning and power in making a difference, thank you! You inspire us to support you in new and creative ways. Best wishes for a year of happiness and success!

**Sue Carter, Executive Director**  
Volunteer San Diego

## DOVIA Program Updates



Directors **O**f **V**olunteers **I**n **A**gencies (**DOVIA**) of San Diego County is a program of Volunteer San Diego. The DOVIA Program focuses on developing volunteer management skills and strengthening leadership through continuing education and support. [Learn more.](#)

As a reminder we have a volunteer manager discussion group on Google! You can continue networking that way. [Click here](#) to view the Google group.

## Trainings & Brown Bags

### Trainings

#### [Finding Fun in the Fundamentals](#)

January 28-29

Volunteer San Diego

Start the new year right with our "Finding Fun in the Fundamentals," basic volunteer management, 2-day training. We'll take a look at:

- \* Planning, recruitment, placement, orientation, training, supervision and recognition
- \* Changes taking place in the profession
- \* How to keep your program current
- \* The many hats of a volunteer manager
- \* Taking a deep breath: stress management techniques for you and your volunteers
- \* The ultimate toolkit - what's in it that can help you make your volunteer program a success

Sound Interesting?

This training is a basic introduction for those with limited experience in the field AND it's a refresher course, if you're a veteran who needs some new inspiration. This interactive and participatory training will offer you the critical skills you need to ensure the success of your program AND YOU'LL HAVE FUN! You'll receive a binder of templates and resources, lunch each day and a certificate of completion.

[Join](#) Volunteer San Diego for this 2-day training. [Download](#) a flyer.

## **FREE Engaging Students: Service Event**

Save the Date: Thursday, February 5, 2009!

- \* Collaborate with educators, students and community organizations to make an impact in your community
- \* Gain knowledge and ideas about simple and easy ways to engage youth to meet your organization's mission
- \* Discuss creating effective collaborations, ways to use youth in your organization, and project ideas that can engage youth in service to the community

Click [here](#) for more information on this FREE event!

## **Brown Bags**

Bring your sack lunch, questions, and plenty of business cards for networking.

Cost: Free for DOVIA or Learn and Grow members. \$5 for non-members. Contact [dkrakauer@volunteersandiego.org](mailto:dkrakauer@volunteersandiego.org) if unsure of your membership status.

## **Building a Case for Support**

January 21, 11:45 AM - 1:15 PM

At Community Resource Center (Encinitas)

Are you stuck with no support in sight? Join us for a discussion on program evaluation techniques to assist with your case for support. Facilitated by Melinda Bell Wilkes, Coordinator of Volunteer Services at Jewish Family Service of San Diego.

[Download](#) a flyer.

## **Other Volunteer San Diego News**

### **What's New**

### **Oscars Night 2009**

The 2009 Oscars are on February 22nd and you can celebrate Volunteer San Diego style. There will be food, games and celebrity viewings! Mark your calendars and walk the red carpet with Volunteer San Diego. For more information and to purchase tickets, click [here](#).

### **Save the Date: Servapalooza is coming!**

This not your grandmother's volunteer fair. Servapalooza is a one-of-a-kind service festival with entertainment, opportunity drawings, food, a parade, vendor booths and service stations to meet YOUR needs! Over 1000 young adults, teens and families are converging in Balboa Park on Sunday, April 26th from 1 - 4 PM to serve your mission and commit to support YOU! This service festival is more than a chance to recruit volunteers; volunteers will be doing service that you need - right there in the park. College groups and teen service clubs will run service projects like creating placemats for food services organizations, letter writing for environmental organizations, crafts made with love for senior organizations, supporting fundraising campaigns, even writing thank you cards for YOUR volunteers. Set aside the time in your calendar today and more information will come your way! Questions - please email Jen Hamilton at [jhamilton@volunteersandiego.org](mailto:jhamilton@volunteersandiego.org).

### **Group Projects Needed for 2009 - Let a Corporate Volunteer Group ADOPT Your Project**

What could a group of enthusiastic, motivated volunteers do for you? Do you have a group of children that volunteers can read with or a senior day center that would love visitors? Do you have a room or building that needs painting? Is your outdoor garden in need of some TLC? Use your imagination and come up with some creative project ideas.

For 2009, Volunteer San Diego already has over 20 corporate groups, with 100+ volunteers each, seeking volunteer projects all around the county.

Volunteer San Diego is asking our organization partners to submit group project ideas for 25+ volunteers. These group projects are fully managed and supported by Volunteer San Diego. Our staff will organize the volunteer projects, purchase and deliver any required supplies, and coordinate on-site logistics.

[Submit](#) your project today!

Please email or fax your corporate volunteer group project request to Jaci at [jfeinstein@volunteersandiego.org](mailto:jfeinstein@volunteersandiego.org) or 858-492-

2016 so we can start our search for the right corporate partner to adopt your project. Projects submitted by members will be given first consideration.

### **10News Leadership Award**



With Volunteer San Diego, Sempra Energy Foundation and LEAD San Diego, the 10News Leadership Award recognizes someone who provides leadership by making San Diego a better place to live, by standing up for those who need help, and improving the quality of life for all San Diegans. [Nominate](#) a leader for their work in the categories of Volunteerism, Environment, Diversity or Community Action.

## **Superheroes of the Month**

This month we would like to recognize **Parkinson's Support Group Leaders**, volunteers with Parkinson's Disease Association of San Diego. Parkinson's Disease Association of San Diego provides family social services, educational events and advocacy for persons affected by Parkinson's disease.

The Parkinson's Support Group Leaders currently have 220 residents attend their meetings held once or twice a month throughout San Diego County. Joining a support group connects persons with Parkinson's, care givers and their family members with others facing similar circumstances.

Each month, Parkinson's Support Group Leaders volunteer 8 hours each, equaling 96 hours a month and all have been volunteering as Support Group Leaders for at least 3 years.

If you would like to nominate a volunteer, [please let us know!](#)

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**For more information on any of the above topics:**

**Debbie Krakauer of Volunteer San Diego**

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