



Change yourself. Change your world. Volunteer.

## In This Issue

[Volunteer San Diego Executive Director's Message](#)

[Hands On San Diego News](#)

[What's New](#)

[Hot Projects](#)

[Flex Members](#)

[Be a Leader](#)

[Youth](#)

[Superhero of the Month](#)

[Flex Accomplishments](#)

[Support VSD](#)

## Quick Links

[Find A Project](#)

[Flex Orientations](#)

Volunteer Newsletter

October 2008

*"The heart of a volunteer is not measured in size, but by the depth of the commitment to make a difference in the lives of others."*

- DeAnn

Hollis

## Volunteer San Diego Executive Director's Message

### Sue Carter's Message

Change. Hope. Impact. We are bombarded with campaign messages that play on our greatest aspirations as a society. At Volunteer San Diego, we hold those same aspirations for our community. We're fortunate to see another aspiration - action - in the form of volunteers and volunteer managers who take change, hope and impact into their own hands.

We have hundreds of opportunities to take action right now. First, take our brief survey that was sent out this week. Your candid feedback lets us know how we're doing and where we can improve. It's part of our effort to ensure that the volunteer action we steward is meaningful and effective in making a positive impact in San Diego. The feedback will focus our planning efforts and help us be responsive to our community's true needs.

We also have a unique volunteer opportunity to see our election process up close and personal through a partnership with the Registrar of Voters. The overnight shifts kick off after the polls close and entail assisting with the ballot collection and review. It's a rare chance to get involved with the

[VSD Podcast](#)

[VSD Blog](#)

inner workings of our election.

## Hands On San Diego News

Thank you to everyone who was involved in Hands On San Diego this year! Your participation has helped do some amazing things around the county. We are still collecting the final tallies of all that was accomplished in just one week, but here are some quick, initial counts: 1500 volunteers completed 62 projects. Your participation not only got a huge number of things done (like hundreds of meals served, 15 recreation centers renovated, and so much more than we can list here), but has also helped raise awareness about the diverse needs in our communities and how individuals and groups can help meet those needs.



The nonprofits and other organizations involved have sent us some great feedback on just how much you helped. Here are some of their thoughts:

- "This was an excellent experience. [The volunteers] were energetic and eager to help...They really helped us provide a dignified experience for everyone we serve."
- "We had a total of 14 volunteers show up, and our participants both men and women enjoyed the event. [The volunteers] were very patient and gentle with our participants. It was a very enjoyable experience for all involved."
- "The [volunteer] group was lots of fun on the job. They even brought a life-size stand up cardboard cutout of their boss to have [him] working on the job with them. It was a real win-win experience for everyone."

Thank you again for helping to make this a great event!

What's New

## 10News Leadership Award



With Volunteer San Diego, Sempra Energy Foundation and LEAD San Diego, the 10News Leadership Award recognizes someone who provides leadership by making San Diego a better place to live, by standing up for those who need help, and improving the quality of life for all San Diegans. [Nominate](#) a leader for their work in the categories of Volunteerism, Environment, Diversity or Community Action.

## Engaging Students: Fall Service Event

Volunteer San Diego invites you to attend the Engaging Students: Fall Service Event hosted by the Service-Learning Council of San Diego on October 9, from 4:00-5:30 PM.

For more information and to join us for this free event, visit our [website](#) or email [SAVY@volunteersandiego.org](mailto:SAVY@volunteersandiego.org).

## Hot Projects

### Be a part of the Democratic Process

For the 2008 Presidential Election, volunteer behind the scenes, after the polls are closed to the public, for one of the following rare opportunities:

[Ballot Inspection](#)

[Ballot Runners](#)

[Memory Card Ballot Pouch Receipt](#)

All of the above volunteer positions will start on November 4 at 8:00 PM and end the next morning around 2:00 - 3:00 AM.

To sign up or to get more information on the above volunteer opportunities, please click [here](#).

### Fire Recovery Program

The 2007 Wildfires was one of the worst natural disasters in San Diego County's history. One year later, many urgent needs of our wildfire survivors remain unmet, particularly among our most

vulnerable citizens. VSD will address these needs by inviting volunteers to assist in select recovery efforts for those who need help the most.

Our Fire Recovery Program kicks off in October, which marks the disaster's first year anniversary. From now through mid-November, several communities have scheduled special events to benefit wildfire survivors. To learn more about what volunteer opportunities exist for these events and how you can contribute to fire recovery efforts, keep an eye on our [project calendar](#) or contact Seth Connolly at 858-636-4124 or [sconnolly@volunteersandiego.org](mailto:sconnolly@volunteersandiego.org).

## Flex Members

### Flex Projects

#### **Feeding America San Diego**

Our project at Feeding America San Diego (formerly Second Harvest) needs your help! We have projects at this location on the 1st - 4th Tuesday evenings of each month from 6:30 - 8:30 PM. Volunteers will sort through donations and organize them into categories for the agencies. The more food sorted, the more families get fed!

[Sign up](#) today for 1st or 3rd Tuesday!

[Sign up](#) today for 2nd or 4th Tuesday!

#### **Saturday Scrapbookers**

Ronald McDonald House needs experienced scrapbook help for a special project. We meet every Saturday in October between 10:00 AM - 1:00 PM. [Click here](#) to sign up!

#### **Super Sorting Saturday**

Super Sorting Saturday has expanded. Join us each Monday afternoon between 3:00 - 5:00 PM to help sort, size and identify appropriate professional attire for low-income San Diego women actively seeking employment. [Click here](#) to sign up!

### **Homework Helpers Projects**

Homework Helper volunteers needed at [College Rolando](#), [Beckwourth](#), [Mira Mesa](#), [Malcolm X](#) and [Serra Mesa](#) libraries. Check individual sites for hours and days!

Not a Flex member yet? Click [here](#) to join.

**Have an idea for a Flex Project?** Email [Debbie](#) or call her at 858-636-4184 for more details.

## **Be a Leader**

### **Flex Team Leaders Needed!**

Interested in Being a Flex Team Leader? [Check out](#) our course calendar for our next orientation and sign up. If you are unable to attend an orientation but would still like to be a Team Leader, contact [Debbie Krakauer](#) at (858) 636-4184.

We are looking for Team Leaders for the Childcare at Women's Resource Center project. This project occurs on the 3rd and 5th Wednesdays of each month. If you are interested in becoming a Team Leader for this project, please email [Debbie](#) or call her at 858-636-4184.

### **Board and Committee Members Wanted**

Are you looking for a position on a Board of Directors? Check out a list of opportunities with a variety of organizations looking for your expertise [here](#).

## **Youth**

### **SAVY Leaders Looking for Advisers**

Support our SAVY Leaders, a group of dynamic youth that come together to form a youth leadership council! We are looking for volunteers with two to ten hours to give between October and April to advise these youth in a task that you would like to mentor them on. We are looking for volunteers with experience in project planning, outreach, marketing, connecting with elected officials, fundraising, grant writing, etc. If you would like to share your talents and mentor the SAVY Leaders when they need you the most, please contact [SAVY@volunteersandiego.org](mailto:SAVY@volunteersandiego.org), 858-636-4123, for more information.



### **Join in the 10th Anniversary of Kids Care Clubs Party Pals! Kids Care Week - October 19-25, 2008!**

For ten years, Kids Care Clubs Party Pals members have been planning "parties with a purpose." Club members have been creating and celebrating parties for those who may be overlooked on their birthdays or during the holidays.

With Kids Care Clubs Party Pals, your club can be Party Pals to kids, seniors or veterans, make Party Pals Boxes or Party Pal Packages on-site, and celebrate with a cause!

[Click here](#) for more information about Kids Care Week.

### **Superhero of the Month**

#### **Hands On San Diego Recreation Center Site Captains**

The Site Captains started the planning process in June, attended three meetings, recruited approximately 500 volunteers, solicited donations and much more.

Thanks to the Recreation Center Site Captains and all the effort they put into planning, 15 recreation centers were renovated. Volunteers painted, landscaped, weeded and cleaned local recreation centers throughout the county.

**Adams Avenue**

Matthew Barrett  
Darren Bean  
Lee Frazee

**Cabrillo**

Stephen Sallis  
Jean-Huy Tran  
Suzanne Rogers

**Carmel Mountain Ranch  
Park**

Jene Kim  
Marcus Kramer

**Chollas Lake**

Sharon Lockett  
MartaElena Davila

**Dolores Magdaleno Memorial Linda Vista**

Hector Hernandez  
Eleodora Andreatta  
Esquivel  
Jocelyn Gonzales

Aja Roberto  
Mary Christie  
George Puga

**Fallbrook Community Center**

Anne Anderson

**Nobel**

Chris Menkus

**Kate Sessions Memorial Park  
Clairemont**

Joseph Saei  
Patricia Hernandez

**South**

Gina Thole  
Fahim Fana

**Mission Bay Youth Fields**

BJ Van Aken  
Debbie Tuey  
Sadagopan  
Kacey Cubine

**Southcrest**

Bharatram Pundi  
Priyamvada  
Michael Marwan

**Ocean Beach  
Park**

Sunny Kim  
Romanin  
Tracey Croughwell  
Kristol Gallaher

**Old Trolley Barn**

Samantha  
Geri Wales  
Anna Hartwig

**Standley**

Susan Pratt  
Benjamin Renteria

If you would like to nominate a volunteer, [please let us know!](#)

**Flex Accomplishments**

**Flex keeps growing and improving the  
community!**

In the month of August, 265 new volunteers joined

Flex and attended orientations. Welcome to you all!

Thanks to Flex volunteers like you, here's what we achieved in August:

**1,601** hours of service completed  
by **723** volunteers attending **102** projects.

### **Not yet a Flex Member?**

Please join us at one of our [Flex Orientations!](#)

**Support Volunteer San Diego**

### **Donate to Volunteer San Diego**

Click [here](#) to donate funds.

**Check out the latest Volunteer San Diego fashions.** Visit our shop [here](#).

### **Supporting VSD just got easier!**

Now you can raise money for Volunteer San Diego just by searching the Internet at [goodsearch.com](#).

### **Have an Albertson's Preferred Savings Card?**

Sign up your Albertson's card to benefit Volunteer San Diego. Support VSD youth programs with your Albertsons Preferred Savings Card! Register [here](#) & enter our ID# 49001011683.

**For more information contact:**

## Volunteer San Diego

Email: [volunteer1@volunteersandiego.org](mailto:volunteer1@volunteersandiego.org)

Phone: (858) 636-4131

Fax: (858) 492-2016

Web page: <http://www.volunteersandiego.org>