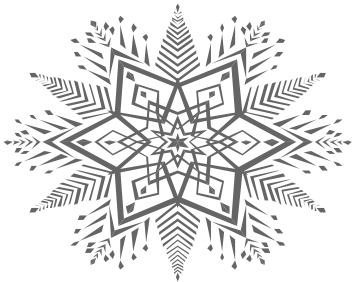


2008

Holiday Volunteer
Guide



4699 Murphy Canyon Rd.
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2008 Holiday Volunteer Guide



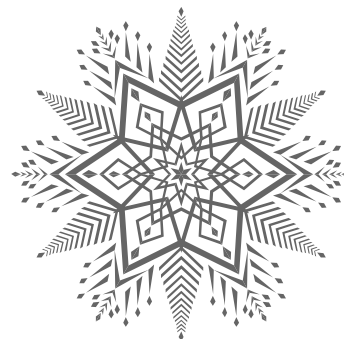
Dear Friends of Volunteer San Diego:

We are pleased to provide you with our annual Holiday Volunteer Guide for 2008. Inside, you will find many ways in which you can make a difference in the lives of so many people and to so many San Diego organizations. Our Holiday Volunteer Guide lists projects for you to “adopt” a family in need, collect canned foods, books and toys, and help organize holiday parties for those who need a boost in their spirit and to know the community cares about them. These are just a few ways that we hope you can help from Thanksgiving to New Year’s.

Volunteer San Diego creates lasting community impact through meaningful individual and group volunteer action. Last year, Volunteer San Diego mobilized and connected 36,000 volunteers with opportunities to serve our seniors, protect the environment, work with kids, provide meals to the hungry, and so much more. We couldn’t have done this without your commitment of time, resources and effort to make a difference in the community in which we live and work.

Happy Holidays,

Sue Carter
Executive Director
Volunteer San Diego



2008 Holiday Volunteer Guide

Holiday Opportunities and Wish Lists Participant Organizations*

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- 3- BooksFirst! San Diego Chapter
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- 32- St. Vincent de Paul Village
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- 37- YMCA Youth & Family Services
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*

Volunteer San Diego Build & Grow Members.

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1- Alliance for African Assistance

Services:

We are a refugee re-settlement agency assisting refugees from around the globe here in San Diego.

Location: 5952 El Cajon Blvd. - San Diego, CA 92115

Contact: Jimmy Dervishi

Phone: (619)286-9052

Email: gm@alliance-for-africa.org

Adopt a Refugee Family for the Holidays - Central (College Grove)

Volunteers are needed for a variety of activities/services: mentor a family, mentor a teenager, provide transportation, interpretation, help with youth activities, child care, and adopt a family for the holidays.

No. of Vols: 20

Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 16

Date/Time: November 20th through December 30th, Mon-Fri between 8AM-5PM and Sat-Sun, between 8AM-2PM

Alliance for African Assistance's Wish List - Central (College Grove)

Extra blankets, cooking ware, microwaves, school supplies, DVD Players, toys, bicycles.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 16

Date/Time: No later than December 30th. Please call for more information.

2- Amor Ministry

Services:

Amor Ministries exists to respond in a tangible way to the substantial poverty in the world. Our goal is to build homes for impoverished Mexican families by mobilizing groups who will travel to Mexico and spend one week constructing a home.

Location: 1664 Precision Park Ln. - San Diego, CA 92173

Contact: Rosalinda Verde

Phone: (619)662-1200

Email: rverde@amor.org

Winter Relief Program's Wish List - South (San Ysidro)

Amor Ministries exists to respond in a tangible way to the substantial poverty in the world. We are looking for donations for the impoverished families we serve in Mexico. Items needed are: warm jackets for men & women, warm clothing for children of all sizes, warm blankets, and personal hygiene items for women & men. We also need toys for the many children who would otherwise have nothing for the holidays. Thanks in advance for your kindness. Happy holidays

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 14

Date/Time: Please call for more information.

3- BooksFirst! San Diego Chapter

Services:

BooksFirst! is a nonprofit organization that collects and distributes high quality books to under-resourced classrooms, enabling students to become lifelong readers by developing, enhancing and enriching their literacy skills. These activities can be done anytime. We will come collect your donated books.

Location: 2371 Opalo Way - San Diego, CA 92111

Contact: Samantha Thomas

Phone: (619)850-1955

Email: Samantha.Thomas@booksfirst.org

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New Books for a New Year – Countywide

Host a book drive for BooksFirst! San Diego and we will donate your contribution to under-resourced school children in San Diego County in need of a new classroom library. Give a child the gift of reading! We provide booklets and support. You just need yourself, some boxes for book collection, and friends or co-workers who want to donate books for kids. We will come collect your donated books. Happy Holidays!

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 14

Date/Time: Please call for more information.

BooksFirst! San Diego Chapter's Wish List – Countywide

We are in need of space to store donated books until they can be organized and distributed to the lucky classrooms. We are a 100% volunteer organization and we have been creatively storing the donated books temporarily. We are running out of creativity. If anyone is interested and has an extra room or space in their workplace or home that goes unused and would like to put it to good use, we would love to talk to you.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 14

Date/Time: Please call for more information.

4- Boys and Girls Clubs of Carlsbad

Services:

The mission of the Boys & Girls Clubs of Carlsbad is to provide activities and experiences that enrich the lives of young people, inspiring and enabling them to reach their full potential.

Location: 3115 Roosevelt St. - Carlsbad, CA 92008

Contact: Tiffany Archer

Phone: (760)729-0207 X: 304

Email: tiffany@bgccarlsbad.org

Boys and Girls Club's Wish List – North (Carlsbad)

AGES 6-8:

Barbies, bikes, books (Newberry Prize Winners), connect four, dolls, Disney toys, educational board games, Ez bake, fib finder, gameboy advance & games, girls hair accessories, hand balls, hats (surf companies), Heelies (shoes), hot wheels, hula hoops, ice cream machine, k'nex – building toys, Lego's, little pet shop toys, movies - DVD or video (PG), Playstation/X-Box gaming system, computer CD-Rom games, puzzles, Pokémon, memorabilia, power wheels, remote, control bike/car, roller skates, razor scooters, skateboards, star wars, toys, sticky bubbles, stuffed animals, surfboards, tomagutchi toys, transformer toys, and watches.

AGES 9-12:

Art set, basketballs, bikes, books (Newberry winners), CD players, Disney toys, stuffed animals, football, football tee, gameboy advance DS/SP, acoustic/electric guitars, hats (surf companies), Heelies (shoes), hot wheels, remote controlled helicopters, k'nex – building toys, model toy cars (mustang, etc.), monopoly, moon sand castle kit, MP3 player, necklace, Nerf toys, NFL football computer game, computer CD-Rom games, chess & checkers, Playstation II & III, portable boom box, purses, remote control bike/car, scooters – razor, skateboards, snowboarding computer game, soccer ball, Star Wars toys, Sony PSP, Tony Hawk merchandise, transformer toys, watches, video gaming system & games (X-box, Nintendo), and tech decks.

AGES 13-18:

Basketballs, body lotions & sprays, bicycles, jewelry, gift cards (Wal-Mart, Best Buy, Target, Mall, Movie Tickets, Blockbuster, etc), gift certificate for food (i.e. Starbucks, Rubio's, Jamba Juice, etc), gift cards for department stores (Forever 21, Foot Locker, Macy's, etc.), ice skates, MP3 players, movie tickets, Playstation II & III, roller blades, scooters – razor, skateboards, video games (X-Box, Nintendo), and sporting event tickets.

Equipment/Items for the Boys & Girls Club:

- Office Supplies (In order of need): Avery Products 5160, 5266, 5163, 5895, copy paper (white & color), shredder, regular & rechargeable batteries (AA, D), label maker, electric stapler, post-it's (all sizes), laminator – 12" size, Kleenex, binders w/clear display.

- Program Supplies (in order of need): Canon powershot digital elph w at least 1gb card board, games – interactive/educational, and AED machine for pool area construction paper (all colors).

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- Miscellaneous: Vacuum (new), Photoshop for PC, children's dictionary, Lego's, children's books, hula hoops, school supplies, remote control cars, circuit city gift cards, rolls of butcher paper (various colors), DVDs/videos (Discovery Channel, National Geographic), computer games (copies with licenses), play-dough, sidewalk chalk, Xarix interactive game system, gift cards (Wal-Mart, Michaels, Cold Stone, Jamba Juice), volleyballs, basketballs, baseballs, footballs, soccer (qty 5), backyard, portable basketball hoop, flat screen television (42" or larger), jump ropes – jelly kind (6 qty), and portable CD/stereo (2-3 qty).

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 16

Date/Time: November 1st through December 15th. Please call for more information.

5- Community Resource Center

Services:

Community Resource Center offers emergency assistance, counseling, food & basic need items, legal help, case management, transitional housing and shelter with comprehensive services for battered women and their children in North Coastal County.

Location: 650 2nd St. - Encinitas, CA 92024

Contact: Sarah Loveless

Phone: (760)753-1156

Email: sloveless@crcncc.org

Del Mar Fairgrounds Holiday Baskets – North (Del Mar)

Community Resource Center (CRC) turns the lower grandstands at the Del Mar Fairgrounds into a "shopping spree" experience for needy North County families. Set up begins Dec. 1st and goes through Dec. 18th. Set up involves the sorting and set up of donation and decorating the site. Distribution will take place Dec. 19th, 20th, and 21st. Volunteers will have the opportunity to help families shop, keeping areas stocked and tidy. CRC will be packing left over items and moving out of the Del Mar Fairgrounds on December 22nd, 23rd, and 24th. Volunteers are required to schedule volunteer shifts prior to showing up.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 14

Date/Time: December 1st through December 24th, Mon-Fri, between 3PM-8PM and Sat-Sun, between 8AM-2PM

Community Resource Center's Wish List – North (Encinitas)

Holiday Baskets relies on donations to make the program possible. CRC is looking for donations of the following items: Food, new unwrapped toys, new or gently used blankets, new or gently used outerwear, bikes and baby items.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 14

Date/Time: No later than December 17th

6- Community HousingWorks

Services:

Community HousingWorks is a San Diego nonprofit that helps people move up in the world by providing a full range of housing options combined with training and support.

Location: 1820 S. Escondido Blvd., Ste. 101 - Escondido, CA 92025

Contact: Heather Laird

Phone: (760)432-6878

Email: hlaird@chworks.org

Adopt a Family from Community HousingWorks – North (Escondido)

Individuals, families, groups needed to adopt a family for the holidays and provide both gifts for kids and food/grocery gift cards for a traditional meal. Christmas baskets and gifts can be delivered at one of the 15 Learning Centers most convenient to you.

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No. of Vols: Open
Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 14
Date/Time: No later than December 19th, Mon-Fri between 9AM-5PM

7- Connected Through Kids

Services:

To link those caring for children in foster care to a community wide network of services and resources

Location: 254 E. Grand Ave., Ste 104 - Escondido, CA 92025
Contact: Barbie Caldwell
Phone: (760)716-4824
E-mail: b.caldwell@cox.net

Adopt a Family for Christmas – North (Escondido)

Adopt a foster family for Christmas. Help a hard working family, who is dedicated year round to helping others, to have a Christmas. Foster families care for abused and neglected children in need but you can help by adopting one of our deserving families for Christmas. Be as creative as you like. You can provide new clothing, toys, gift certificates, or even a holiday meal for a family. Be creative!

No. of Vols: 1-15
Requirements: Good for beginners, good for families / youth under 14, good for groups, wheelchair accessible
Date/Time: December 1st through December 24th. Please call for more information.

Connected Through Kids' Wish List – North (Escondido)

Gift cards, new toys, and clothing

No. of Vols: Open
Requirements: Good for beginners, good for families / youth under 14, good for groups, wheelchair accessible
Date/Time: No later than December 20th

8- Corazon de Vida Foundation

Services:

Corazon de Vida supports orphanages of Baja, Mexico by raising contributions in the forms of money, material, and volunteer work to benefit and empower the children of Baja. Every month we organize multiple trips to Baja where we visit several orphanages.

Location: 2062 Business Center Dr., Ste. 225 - Irvine, CA 92612
Contact: Larry Fox
Phone: (949)476-1144 X: 358
E-mail: Larry@corazondevida.org

Holiday Trip and Fundraiser to Orphanages in Tijuana – South (Tijuana)

Corazon de Vida Foundation presents our 6th annual Holiday Trip and Fundraiser to three different orphanages in Tijuana Mexico on Saturday, December 6, 2008. Pickup locations in Los Angeles at 5:30 AM, return approximately 7:30 PM, Irvine at 6:15 AM, return at approximately 5:30 PM and San Diego at 8:15 AM, with return approximately 4:00 PM. There will be a break stop after the Irvine pickup. We will provide lunch and craft activity. This is a special fundraising event where each volunteer is asked to donate or fundraise at least \$60.00 to help feed the children after our visit.

No. of Vols: Open
Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 16. Everyone MUST have a valid passport OR United States birth certificate AND government issued ID like drivers license. If under 18, birth certificate and photo ID OK
Date/Time: December 6th between 5:30AM-7:30PM

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9- Dress for Success

Services:

Dress for Success provides professional clothing and employment retention services to low-income San Diego women and men actively seeking employment.

Location: 3295 Meade Ave - San Diego, CA 92116

Contact: Sylvia Evans-McKinney

Phone: (619)281-3773

E-mail: sandiego@dressforsuccess.org

Christmas on 33rd Street – Central (Normal Heights)

Decorate Boutique in Winter Wonderland theme. We would appreciate winter woodland decoration donations to perform this activity

No. of Vols: 3-6

Requirements: Minimum age 18, good for beginners, good for groups

Date/Time: December 15th through December 23rd, Mon–Fri, between 10AM-2PM

Dress for Success' Wish List

We are in need of volunteers to adopt 10 families. Names, ages, and sizes will be provided. We are seeking a practical gift and a fun gift for each family member. All families are headed by a single mother who is transitioning into the workforce. Toys, educational toys, warm clothes, bath and beauty products, household items, fun items such as candles, Christmas tree, and decorations, storage box for after Christmas. Movie tickets, restaurants certificates, food vouchers, family movies, music. Gift cards (Target, Toy R US, Wal-Mart, Ross, and Bed Bath & Beyond). We also need a computer and printer, and a multi line phone system.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups

Date/Time: No later than December 23rd. Please call for more information.

10- ElderHelp of San Diego

Services:

Elderhelp mission is to enhance the quality of life for seniors by providing information and services that help them live with independence and dignity. We target the oldest, poorest and most frail seniors, those with the fewest resources and the least support.

Location: 4069 30th St. - San Diego, CA 92104

Contact: Cynthia Beisiegel

Phone: (619)284-9281

E-mail: cbeisiegel@elderhelpofsandiego.org

Holiday Angels – Central (North Park)

There are many ways to give back. Donors can help with the creation of a gift basket for a senior. Or, you may choose to make a donation of store gift cards which helps seniors purchase the items they are most in need of. We also need special gift items for 100 gift bags distributed at an annual Rotary Club Holiday luncheon for seniors.

Gift bags items include:

General non-perishable gift baskets for seniors (\$50 - \$75 value), gift cards for grocery stores (preferred in \$25 increments), 100 holiday music CDs (or classical, soft pop type), 100 candy canes, 100 pairs of unisex socks, 100 unisex journals, 100 books of stamps, 50 handkerchiefs for men, 50 tea towels for women, 50 bottles of aftershave, 50 bottles of body lotion, and additional items in increments of 50 or 100 appropriate for seniors.

No. of Vols: Open

Requirements: Court referred allowed, good for beginners, good for families / youth under 14, good for groups

Date/Time: December 1st through December 8th, between 8AM-4PM

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11- Eugene Bowman Economic Empowerment Center Inc.

Services:

Eugene Bowman Economic Empowerment Center is dedicated to helping poor and disadvantaged women and children. We provide personal support, emergency services, mentoring tutoring and intervention and prevention services in a healthy, compassionate and healing environment. We share a passion to ensure that every child and family has a healthy start and future.

Location: 4249 Manzanita Dr. - San Diego, CA 92105

Contact: Lorraine Bowman

Phone: (619)281-3312

E-mail: lorraine49@cox.net

Food Baskets – Central (Logan Heights)

We work with many families that are at or below the poverty level and most of them are single parent homes. Due to the economy this year, our parents are in desperate need of food baskets for the holidays. Many of our children will not have the traditional Christmas dinner this year. Please help us give these families some kind of holiday meal.

We need turkeys, hams, potatoes, cranberry sauces, vegetables, pies, cookies, juices, gift cards, etc. We will raffle off these baskets to our most needy families. We thank you in advance for your kindness. Happy holidays

No. of Vols: Open

Requirements: Minimum age 18; good for beginners, good for families / youth under 14, good for groups

Date/Time: December 13th, between 8AM-12PM. Please contact us to schedule a delivery at another time.

12- George G. Glenner Alzheimer's Family Centers, Inc.

Services:

We are San Diego's community resource leader for dementia-specialized adult day health care, family support services, and community and career-building educational programs.

Location: 280 Saylor Dr. – Chula Vista, CA 91910

Contact: Ana Salas

Phone: (619)420-1703

E-mail: asalas@glenner.org

Annual Thanksgiving Party and Wish List – South (Chula Vista)

We will be having our annual Thanksgiving Dinner for our participants and their caregivers. We are desperate for holiday turkey. We need 3 turkeys, 2 hams and pies. Any monetary donation will be appreciated. Also a group of 6 - 8 people is needed to help us prepare and decorate before the event. We would welcome volunteers' help in making decorations.

No. of Vols: 6-8

Requirements: Minimum age 18; good for beginners, good for families / youth under 14, good for groups

Date/Time: Volunteers also needed on November 25th, between 11AM–3PM. Please call for more information.

13- Heritage Clinic

Services:

Heritage Clinic provides a number of services for elderly people, such as helping those who are homeless and have mental illness to find housing. Many of our clients are without family and support this time of year.

Location: 1940 Market Street - San Diego, CA

Contact: Robyn East

Phone: (619)233-3381 X: 292

E-mail: reast@heritageclinic.org

Heritage Clinic's Wish List – Countywide

We are conducting a fundraiser so that we may be able to provide gifts to our clients. They would very much appreciate any donation you can offer.

2008 Holiday Volunteer Guide

Below are some requested items, but monetary donations would also be appreciated:

Throws, decorative pillow cases, slippers, socks, towels, lip gloss/chap stick, scented soaps, comfortable pajamas, classic books, hand & body lotion, leg warmers, boxes of assorted cards or stationery with stamps and pens, crosswords, CDs from the '20s through '60s, coloring books & crayons. Donations can be delivered at either the Market Street Location or at 6160 Mission Gorge Rd. Suite 120 - San Diego, CA 92020 or 200 E. Washington Ave. Suite 100 - Escondido, CA 92025.

No. of Vols: Open

Requirements: Good for beginners, good for groups, metropolitan transit accessible, wheelchair accessible

Date/Time: December 12th (put the gifts together for clients). No later than December 10th (donations), between 8:30AM-5PM

14- Hostelling International USA (San Diego Chapter)

Services:

Hostelling International promotes educational travel, local and global, using hostels and programs to facilitate interaction between travelers and community members.

Location: 437 J St., Ste. 301 - San Diego, CA 92101

Contact: Jared McCannell

Phone: (619)525-1531

E-mail: volunteer@sandiegohostels.org

Thanksgiving 'Home and Away – Central (Downtown)

Hostelling International San Diego hosts a traditional Thanksgiving meal for our international and domestic guests each year. We are looking for volunteers to help with the preparation, serving and cleanup of the meal which will be held on November 27th. We usually have about 60 people to serve (including staff and volunteers). It is always a great time and we are really looking forward to kicking off the holiday season with this great event! We are also looking for donations for the meal.

No. of Vols: 60

Requirements: Good for families / youth under 14, youth over 16

Date/Time: November 27th, between 12PM-7PM. Please contact for more information.

15- Jewish Family Services of San Diego

Services:

Jewish Family Service of San Diego provides invaluable community services and programs to thousands of San Diego County residents which focus on strengthening individual and family life, and enhancing the well-being of the general community.

Location: 8804 Balboa Ave. - San Diego, CA 92123

Contact: Melinda Bell

Phone: (858)637-3050

E-mail: melindab@jfssd.org

Thanksgiving Day Run for the Hungry 5K/10K – Central (Downtown)

The 7th Annual Thanksgiving Day Run for the Hungry 5K & 10K is coming! The event is a Jewish Family Services of San Diego initiative and is managed by Kathy Loper Events. The Run benefits the Foodmobile, a meal delivery program of Jewish Family Service of San Diego, and the San Diego Food Bank. Join us as a runner, walker, or volunteer to show San Diego cares about its hungry. This is the only race in scenic Downtown San Diego on Thanksgiving Day! You can gather your school, organization, students, friends and family and form a team to participate in the run/walk. All teams and volunteers receive complimentary team T-Shirts and an opportunity to enjoy the post-race entertainment. Over 200 volunteers are needed to make this race possible. Help with registration, the start/finish line, water stations, and much more! This event is a great way to start Thanksgiving Day. Before you feast, think of others and help stop hunger.

No. of Vols: 200

Requirements: Court referred allowed, good for beginners, good for families & groups, metropolitan transit accessible, youth over 15

Date/Time: November 27th, between 6:30AM-11AM

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16- Kathy Loper Events

Services:

Kathy Loper Events has been directing and managing events for over sixteen years and has earned a reputation throughout Southern California for producing well-organized, highly visible events.

Location: 7801 Mission Center Ct., Ste. 204 - San Diego, CA 92108

Contact: Lyssette Barbosa

Phone: (619)298-7400

E-mail: lyssette@kathyloperevents.com

Thanksgiving Day Run for the Hungry 5K/10K – Central (Downtown)

Assist with race set-up and/or breakdown, registration, timing, pass out water, work the finish chute and start line.

This Thanksgiving before sitting down for a feast, join us by volunteering for this worthwhile event. Help us show San Diego's hungry we care.

This event benefits both the San Diego Food Bank and Foodmobile, a program of Jewish Family Service.

No. of Vols: Open

Requirements: Court referred allowed, good for beginners, good for families / youth under 14, good for groups, metropolitan transit accessible, youth over 15

Date/Time: November 27th, between 6:30AM-10:30AM

17- Koinonia Family Services

Services:

We are a non-profit foster family agency whose mission is to provide the highest quality of treatment foster care and adoption services to the community. SPACE We use a faith-based approach and serve all of San Diego County.

Location: 3914 Murphy Canyon Rd., Ste. A106 - San Diego, CA 92123

Contact: Chara Ward

Phone: (858)573-6930

E-mail: cward@kfh.org

Koinonia Family Services' Wish List – Countywide

We are collecting gift donations for our annual Christmas party for foster youth and their families. We are especially in need of gift certificates for the older children, but will accept all kinds of gifts for children 0-17.

Throughout San Diego – *We will go pick up or meet someone at a central location.*

No of Vols: Open

Requirements: Minimum age 18, good for beginners, good for groups

Date/Time: October 27th through December 12th before 4PM

19- Meals-on-Wheels Greater San Diego, Inc.

Services:

Meals-On-Wheels Greater San Diego, Inc. is a 501(c) 3, private-non profit organization, and has been dedicated to meeting the nutritional needs of seniors, throughout San Diego County, for over 40 years to support the independence and well-being of seniors.

Location: 270 F St., Ste. 22 - Chula Vista, CA 91910 (South County)

Contact: Chequita Falls

Phone: (619)420-2782

E-mail: cfalls@meals-on-wheels.org

South County Meals-on-Wheels Secret Santa Works - South (Chula Vista)

Every year during the holidays and for birthdays, meals-on-wheels and our community of generous volunteers provide our seniors with a special goodie bag to say, "We care." "We care" packages can be brightly covered shoe boxes or small gift bags or decorated paper shopping bags filled with useful and fun food, toiletries and small personal items.

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Supplies needed: Small shopping bags, shoe boxes, Christmas wrapping paper for the boxes, construction paper, glue, crayons.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups

Date/Time: No later than December 23rd, between 8AM-4PM. Please call for more information.

South County Meals-on-Wheels Program's Wish List - South (Chula Vista)

Travel size toiletries, socks, foot warmers, jar openers, note pads, post-it notes, night lights, tissues, cotton balls, nails file & clippers, small figurines, scarves, handkerchiefs, large print puzzles, word searches, food items, small jellies & jams, peanut butter, fruit cups, 4-8 oz. juice, any gift item suitable for older adults male and females, and small sealed packages of: tea, coffee, oatmeal, cocoa, crackers, cereals, cookies, granola bars, soup cups.

No. of Vols: Open

Requirements: Minimum age 18, good for beginners, good for families / youth under 14, good for groups

Date/Time: No later than December 23rd, between 8AM-4PM. Please call for more information.

20- McKinley Elementary School

Services:

A public elementary school, grades K-6th and special education preschool. Volunteers are a very important part of our school.

Location: 3045 Felton St. - San Diego, CA 92104

Contact: Maria Soto

Phone: (619)282-7694

E-mail: msoto1@sandi.net

Holiday Food Baskets for Thanksgiving – Central (North Park)

We would like to help 10 families in need during the Thanksgiving holidays. We need non-perishable food items and coupons for turkeys to assist these families during the Thanksgiving holidays.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups

Date/Time: No later than November 21st. Please call for more information.

Adopt-A-family – Central (North Park)

In your kindness, please help to make the holidays a little more cheerful for 10 needy families by donating Food baskets. We are in need of non-perishable food items for Christmas dinners and gift certificates for turkeys or hams. Children would love to have stockings filled with crayons, school supplies, art supplies, stickers and gift certificates for youth ages 4-11.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups

Date/Time: December 1st through December 18th. Please call for more information.

21- Muscular Dystrophy Association

Services:

The Muscular Dystrophy Association is a voluntary health agency – a dedicated partnership between scientists and concerned citizens aimed at conquering neuromuscular diseases that affect more than a million Americans. MDA combats neuromuscular diseases through programs of worldwide research, comprehensive medical and community services, and far-reaching professional and public health education.

Location: 4719 Viewridge Ave., Ste. 100 - San Diego, CA 92123

Contact: Danielle Valenciano

Phone: (858)492-9792

E-mail: dvalenciano@mdausa.org

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MDA Holiday party – Central (Kearny Mesa)

We are looking for a group to provide entertainment at our holiday party. We can provide the stage, piano and a PA system with microphones. The entertainment can vary – anything from singing to dancing to performing magic acts. The audience will be families, in total about 200 people. Many of our guests will be in wheelchairs. The entertainment acts should bring supplies for whatever entertainment they would like to provide. Volunteers are welcome to stay for lunch.

No. of Vols: 5-15

Requirements: Good for groups, youth over 16, wheelchair accessible

Date/Time: November 30, between 12PM–3PM

22- North County Health Services

Services:

North County Health Services is a private non-profit health care organization that provides medical and dental care throughout communities of North San Diego County.

Location: 150 Valpreda Rd. - San Marcos, CA 92069

Contact: Michele Bray Davis

Phone: (760)736-6700

E-mail: mdavis@nchs-health.org

Children's Holiday Party and Wish List – North (San Marcos)

Distribute gifts and refreshments to pediatric patients at Children's Holiday Party. Need male, bilingual (Spanish/English) to be Santa—we have a costume. Need additional volunteers to be Santa's Helpers.

Items needed: Books, educational games, toys for children under the age of 15.

No. of Vols: Open

Requirements: Minimum age 18, good for beginners, good for families / youth under 14, good for groups

Date/Time: Please call for more information.

23- PAWS San Diego County, Inc.

Services:

As a volunteer driven, non-profit organization we provide essential services to assist the low-income elderly, chronically ill and disabled in keeping their companion animals.

Location: 4455 Euclid Ave. - San Diego, CA 92115

Contact: Richard Casiano

Phone: (619)297-7297

E-mail: richardc@pawssdc.org

Santa's Helper – East (College Grove)

We need volunteers to deliver Christmas Holiday stockings to veterinarians throughout the city. Stockings were decorated by Vista High School seniors and stuffed with small toys for pets. The stockings are sold at veterinarians' offices for \$5.00 each. The proceeds are returned to PAWS. Our office volunteers will contact the offices to make sure they will accept the stocking and the number they desire.

No. of Vols: 5-10

Requirements: Minimum age 18, good for beginners, good for families / youth under 14, good for groups

Date/Time: November 24th through December 20th, Mon-Fri, between 11AM-5PM

PAWS San Diego's Wish List – East (College Grove)

We are always in need of scoopable cat litter and canned and dry pet foods.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups

Date/Time: No later than December 8th, between 11AM–2PM

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24- Pro Peninsula

Services:

Pro Peninsula is a US based non-profit organization dedicated to strengthening the environment movement on the Baja California Peninsula.

Location: PO BOX 3953 - San Diego, CA 92163

Contact: Trisha Knight

Phone: (619)574-6643

E-mail: trisha@propeninsula.org

Elves Needed for our Sea Turtle Gift Set! – Central (Downtown)

We need elves for our new Sea Turtle Gift Set! We need to carefully pack and ship these cute little guys and all the fixings they came with so they can reach their new adoptive parents! And you'll be helping us spread holiday cheer and the message of conservation!

No. of Vols: 3-6

Requirements: Good for beginners, good for families / youth under 14, good for groups

Date/Time: Please contact for more information.

Post Card Fun! – Central (Downtown)

We need volunteers to help label our holiday postcard! It is easy... peel and stick and off they go. You'll be helping us spread holiday cheer!

No. of Vols: 3-8

Requirements: Good for beginners, good for families / youth under 14, good for groups

Date/Time: Please contact for more information.

Pro Peninsula's Wish List – Central (Downtown)

We could really use one or two new laptops for our staff and/or field studies teams. That would be incredible. We also need 6 new sleeping bags, 4 tents, 4 canopies, international phone cards (Mexico), frequent flyer miles and a new photocopier. Donated services are always welcome such as graphic design and printing services. And of course we can always use new members! These donations are always welcome! And they can be delivered anytime between 9AM and 4:30PM, weekdays.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups

Date/Time: Always, Mon-Fri, between 9AM-4:30PM

25- Quail Botanical Gardens

Services:

The mission of Quail Botanical Gardens is to inspire people of all ages to connect with plants and nature.

We are dedicated to the conservation of rare and endangered plants from across the globe. San Diego visitors and residents are invited to experience this spectacular collection of flora. Tours, nature walks, lectures, landscape advice and instructional programs are offered to advance public awareness of plant diversity.

Location: 230 Quail Gardens Dr. - Encinitas, CA 92024

Contact: Diana Goforth

Phone: (760)436-3036

E-mail: dgoforth@qbgardens.org

Garden of Lights – North (Encinitas)

After the sun goes down, the Gardens are transformed into a dazzling winter wonderland with over 90,000 sparkling lights. Volunteers interact with the public and are needed to assist with the following: marshmallow roasting, photos with Santa, horse & wagon, directing parking, crafts, and much more!

No. of Vols: Open

Requirements: Minimum age 18 Good for beginners, good for families / youth under 14, good for groups

Date/Time: December 11th through December 30th, between 4:30 PM-9PM

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26- Rolling Readers U.S.A.

Services:

Rolling Readers U.S.A. provides reading to children by volunteers who travel to the same school-site each week. School-sites are located all over San Diego County.

Location: 2911 Adams Ave., #17 - San Diego, CA 92116

Contact: Allison Bechill

Phone: (619)516-4095

E-mail: abechill@rollingreaders.org

Delivery Elves - Countywide

We need some special elves to help us deliver books to low-income school sites throughout San Diego County. The books will be given to the children in our Read-Aloud program before they leave on winter holiday break. We also need delivery elves to help distribute holiday cards to various sites throughout the County for a year-end fundraiser. Room in the vehicle to accommodate boxes of books/holiday cards will also be necessary.

No. of Vols: 10-60

Requirements: Volunteers will need to have their own transportation with appropriate insurance to drive to the sites; good for beginners, good for families / youth under 14, good for groups

Date/Time: November 17th through December 5th, Mon-Fri, between 8:30AM-2:30PM

27- San Diego Center for Children

Services:

San Diego Center for Children has become a leader in providing mental health services to children and families by offering a great selection of services.

Location: 3002 Armstrong St. - San Diego, CA 92111

Contact: Nicole Ring

Phone: (858)569-2148

E-mail: nring@sdccnet.org

Campaign Grand Prize Drawing Party – Central (Linda Vista)

Help set up and break down chairs and decorations for the Holiday Campaign Grand Prize Drawing Party. The party will be the conclusion of our holiday campaign and will feature a drum circle which the volunteers are welcome to participate in.

No. of Vols: 20

Requirements: Minimum age 18; good for beginners, good for groups

Date/Time: December 15th, between 9AM-2PM

San Diego Center for Children's Wish List - Central (Linda Vista)

Playstation portables (PSP), PSP games, Hot Wheels, books, Barbie's / Barbie clothes, remote control cars, Playstation II Games, Movie Passes, Gift Cards (Target, Wal-Mart, Blockbuster), sports balls, board games, art supplies, Wii Games, Boomers (arcade store) gift certificates, watches, dolls / doll clothes / doll house, Bratz dolls, CD Boom Box, knee and elbow pads / helmets, action figures, game cube games, razor scooters, Lego's, Pokémon accessories, baseball cards, jewelry, and any non-violent toys.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups

Date/Time: No later than December 19th, between 9AM-3PM

28- San Diego Health and Human Services Agency

Services:

The Health and Human Services Agency is one of five groups or divisions of the San Diego County government. The Agency provides a broad range of health and social services, promoting wellness, self-sufficiency, and a better quality of life for all individuals and families in San Diego County.

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Location: 1250 Morena Blvd. - San Diego, CA 92110
Contact: Hanna Koh
Phone: (619)692-8714
E-mail: Hannah.Koh@sdcounty.ca.gov

Winter's Necessities Donations Drive – Central (Old Town)

We are in need of new socks, umbrellas, jackets, sweatpants, tennis shoes/ boots and sweatshirts for clients, ages from 18-59, male and female, sizes small to XXL (L- XL is probably pretty safe majority). Any quantity is appreciated. All questions regarding amounts and sizes can be forwarded to volunteer coordinator.

No. of Vols: Open
Requirements: Good for beginners, good for families / youth under 14, good for groups
Date/Time: No later than December 22nd, between 8AM-5PM

29- San Diego Youth & Community Services

Services:

San Diego Youth & Community Services programs throughout San Diego County include: comprehensive services for abused and neglected children; emergency shelter and medical aid for homeless youth; group homes and transitional housing; substance abuse/mental health treatment and prevention; family assessment services; foster care and adoption support; independent living skills; education for parenting and pregnant teens; and gang prevention. Our prevention and education efforts focus on AIDS, drug and alcohol use, child abuse, teen pregnancy, and gang prevention.

<i>Location:</i> 3255 Wing St. - San Diego, CA 92110	
<i>Contact:</i> Sharon Lockett	<i>Contact:</i> Laura Beadles (Storefront Teen Shelter)
<i>Phone:</i> 619-225-9305	<i>Phone:</i> (619)325-3527 X: 223
<i>E-mail:</i> slockett@sdycs.org	<i>E-mail:</i> lbeadles@sdycs.org

Adopt-A-Family for Thanksgiving – Central (Ocean Beach)

San Diego Youth & Community Services needs Thanksgiving Baskets for 20 families in need. Help us collect turkeys, vegetables, pies, bread, mashed potatoes, gravy, cranberry sauce and stuffing mix.

No. of Vols: Open
Requirements: Good for beginners, good for families / youth under 14, good for groups
Date/Time: No later than November 20th, between 9AM-4PM

Adopt-A-Family for Christmas – Central (Ocean Beach)

Adopt a family for the holidays. Sponsor would by 1gift item for each member of the family. Please contact us for the age range of children's and their sizes. We have a total of 35 families in need of adoption. Family size can range from 3-10. Supplies needed for this project: wrapped gift items.

No. of Vols: Open
Requirements: Good for beginners, good for families / youth under 14, good for groups
Date/Time: No later than December 15th, between 9AM-4PM

Thanksgiving at Storefront Teen Shelter – Central (Mission Hills)

The teen shelter has many needs during the holidays and volunteers are essential in helping us to make this a special time for the youth who are in our project. (Please read below for a list of needs and holiday opportunities for the teen shelter). Volunteers are needed to provide the food, decorations, and beverages for the holiday. Due to the nature of the shelter and confidentiality policies, the Storefront can not have "one-time" only holiday volunteers working directly with the youth (such as serving food, supervising youth, or "hanging out" with the teens). Storefront volunteers go through a screening and training process to work directly with the youth.

No. of Vols: Open
Requirements: Good for beginners, good for families / youth under 14, good for groups, metropolitan transit accessible, youth over 16
Date/Time: December 28th, between 8AM-8PM (email-only)

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Storefront Teen Shelter's Wish List for Thanksgiving – Central (Mission Hills)

Thanksgiving Food: Ham, turkey, tamales, side dishes, main entrees, desserts, (pies cookies, ice cream, cool whip or aerosol whipped cream topping) refreshments (sparkling cider, juice, soda) and snacks (vegetables, dips, chips, crackers). Also, disposable heavy duty paper plates, plastic utensils, and cups are needed.

There are no cooking facilities at Storefront (we do have microwaves). As a result, food must be cooked prior to being brought to Storefront. For your convenience, holiday food may be dropped off prior to Thanksgiving Day. We will re-heat food in microwaves. To ensure Storefront has enough of the various holiday food items we ask donors to contact Storefront ahead of time to inform Laura, Michelle, & Jan of what you are committing to bring. We are hoping to provide food for 20-40 youth.

Holiday Breakfast: Storefront is also looking for one volunteer group to bring a cooked breakfast to the shelter on Thanksgiving morning at 7am.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups, metropolitan transit accessible, youth over 16

Date/Time: December 28th, between 8AM-8PM

30- SAY San Diego

Services:

SAY's primary services include: Delinquency Prevention and Juvenile Diversion; Before and After School Programs and Licensed Child Care for school age children; Family Support and Development Services; Health Promotion Services; Community Development and Collaboration; School Readiness and Support Services; Child Abuse Prevention program; Drug Prevention Services and Mental Health Services.

Location: 8755 Aero Dr., Ste. 100 - San Diego, CA 92123

Contact: Amy Halvorson

Phone: (858)565-4148 X: 261

E-mail: volunteer@saysandiego.org

Location: 3795 Fairmount Ave. - San Diego, CA 92105

Contact: Tori Rigg (City Heights)

Phone: (619)3582-9056 X: 223

E-mail: tori@saysandiego.org

Adopt a Family for the Holidays - Central (City Heights)

Adopt a Family is a wonderful opportunity for you and your family, friends, or fellow employees to help create a meaningful and memorable holiday for a family. Your donation, whether monetary or tangible, is tax-deductible and greatly appreciated. If you would like to receive a wish list from a family that is in need, we can most certainly provide you with that information.

No. of Vols: Open

Requirements: Minimum age 18, court referred allowed, good for families / youth under 14, good for groups, wheelchair accessible

Date/Time: December 6th through December 17th, Mon-Sat.

Annual Holiday Blanket Drive - Countywide

SAY San Diego holds a blanket drive called "Blanket San Diego" each year during the holiday season. The goal is to collect donated new or gently used blankets from the community and give them to low-income SAY clients that have been identified as needing them. Our staff works with many low-income families and some of their homes don't have heat. We typically use libraries as our means of collecting the blankets, however, if you know of a public location or company that would like to host a collection box for blankets, please let us know! A large collection box with information about the SAY Blanket Drive and how to donate the blankets would be placed at each participating location. We are in need of individuals to help with pick-ups at the libraries or other locations during their operating hours and then dropping the blankets off at one of the SAY office.

No. of Vols: Open

Requirements: Minimum age 18, court referred allowed, good for families / youth under 14, good for groups, wheelchair accessible

Date/Time: November 14th through December 16th, between 9AM-5PM

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SAY San Diego's Wish List - Central (City Heights)

SAY San Diego provides you with a "wish list" of items the family has filled out with their needs and wants. You then purchase the gifts, wrap them and deliver them. Your donation is tax deductible and SAY will provide confirmation of your donation. This is a wonderful opportunity for you (and your fellow employees and friends) to help create a meaningful and memorable holiday for a family who might otherwise go without anything.

No. of Vols: Open

Requirements: Court referred allowed, good for families / youth under 14, good for groups, wheelchair accessible

Date/Time: No later than December 17th

Adopt a Family - Central (City Heights)

For our Adopt A Family event, donors in the community adopt a SAY family in need and purchase gifts to donate to them for the holidays. We need volunteers to help wrap, sort, and organize the gifts! This fun event will be sure to help you get into the holiday spirit by giving you a chance to be part of a team that will make the holidays really special for less fortunate families. Volunteers will be primarily responsible for greeting the donors when they arrive at the SAY office, helping them unload the gifts, and sorting them according to the family they go to. We will also need some help wrapping any gifts that aren't already wrapped. (All supplies will be provided.)

No. of Vols: Open

Requirements: Minimum age 18, court referred allowed, good for families / youth under 14, good for groups, wheelchair accessible

Date/Time: December 8th through December 12th, between 10AM-5PM
December 15th through December 17th, between 10AM-5PM
December 6th, between 9AM-3PM

SAY San Diego Program's Wish List - Central (Kearny Mesa)

Start Smart / Early Childhood Education: 2 CD players (small-medium size), gift cards to Lakeshore, "Big Books" in Spanish, infant playmates, and Play dough.

Healthy Start Program: Medium size Lego's or blocks, puppets, and small cars.

Community Services for Families: Markers, crayons, colored pencils, construction paper for kids, shaped cutting scissors, stickers, board games (Jenga, Connect Four, Life, Monopoly), puzzles, journals, books on topics related to teenagers, and parenting issues.

Extended Day Programs: Sports equipment, board games, new books, science kits, and nutritious snacks.

W.I.N.G.S. (Working to Insure and Nurture Girls Success): Toiletries, shampoo, body-washes, and lotions for teenage girls.

The Health Access Initiative: Diapers and baby wipes, and toddler-size underwear.

All Programs are in need of: school supplies, backpacks, shoes, sneakers, gift cards for school uniforms.

These donations also can be delivered all year round, Monday - Friday, 8:30AM -5PM.

No. of Vols: Open

Requirements: Minimum age 18, court referred allowed, good for families / youth under 14, good for groups, wheelchair accessible

Date/Time: December 6th through December 17th, Mon-Fri between 8:30 AM-5PM

31- Scripps Mercy Hospital

Services:

Scripps Mercy Hospital provides a 523 bed full service hospital and medical center. Sponsored by the Sisters of Mercy, the Hospital is known for it's "caring" philosophy.

Location: 4077 5th Ave. - San Diego, CA 92103

Contact: Lori Kiner

Phone: (619)260-7082

E-mail: kiner.lori@scrippshealth.org

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Christmas Carolers Wanted – Central (Mission Hills)

Scripps Mercy Hospital is looking for Christmas Caroling Groups to sing in the hospital lobby at Scripps Mercy.

No. of Vols: Open

Requirements: Minimum age 15, good for families / youth under 14, good for groups

Date/Time: December 10th through December 24th, between 10AM-8PM

32- Senior Gleaners of San Diego County

Services:

Senior Gleaners of San Diego County utilizing the volunteer skills of seniors (age 55 and over) in gleaning excess food from area fields, grocery stores and packing sheds that would otherwise be destroyed. This food is then distributed to some 45 food-giving agencies in the county.

Location: 1363 Somermount - El Cajon, CA 92021

Contact: Laurel Gray

Phone: (619)449-9381

E-mail: pgray@ucsd.edu

Seniors Gleaners Volunteers - Countywide

Seniors Gleaners of San Diego County needs volunteers, ages 55 and over, to assist in the picking, packing, sorting and delivery of food from grocery stores and farms. This food is delivered to those in need by 45 food-giving agencies in the county. We are also looking for volunteers to drive and assist with the vans' maintenance (washing, etc).

No. of Vols: Open

Requirements: Minimum age 55, good for groups, good for beginners

Date/Time: Please contact for more information

33- St. Vincent de Paul Village

Services:

St Vincent de Paul Village welcomes those in need with open arms – and a list of ground rules that make them responsible for reaching their goals. Accepting the rules demonstrates one's sincerity to making the most of Village services.

Location: 1501 Imperial Ave. - San Diego, CA 92101

Contact: Laura Kojima

Phone: (619)233-8500

E-mail: laura.kojima@neighbor.org

New Year's Day Special Meal – Central (Downtown)

We are looking for volunteers to serve lunch to our neighbors in need on New Year's Day.

No. of Vols: Open

Requirements: Good for beginners, good for families / youth under 14, good for groups, youth over 16

Date/Time: Please contact for more information

34- Sun Strides, Inc.

Services:

Sun Strides, Inc. is an athletic racing company. Our main focus is encouraging families to be active and healthy. We also raise funds for various local charities.

Location: 4501 Mission Bay Dr., #3B - San Diego, CA 92109

Contact: Rachel Hiner

Phone: (619)890-6067

E-mail: Rachel@sunstrides.com

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Temecula Turkey Trot – East (Temecula)

We need volunteers to help out before and after the race with set up/clean up, passing out waters, race timing, course spirit, t-shirt sales, etc! Breakfast, t-shirt, goody bags and free event entry to any future sun strides event will be provided to all volunteers. You will also be able to enjoy live music after the race!!

No. of Vols: Open

Requirements: Court referred allowed, good for beginners, good for families / youth under 14, good for groups

Date/Time: November 29th, between 6:30AM- 10:30AM. Please contact for more information

35- Townspeople

Services:

Townspeople is based upon the principle that men, woman, and children living with HIV/AIDS deserve the best possible housing resources. The agency is governed by a volunteer Board of Directors and staffed by committed professionals and volunteers.

By working closely with service providers and landlords, Townspeople offers up-to-date information to case managers and individuals seeking housing resources, including shared housing, transitional housing, rentals, roommate referrals, and rental assistance programs. Services are provided at no charge to our clients.

Location: 3960 Park Blvd., Ste. B - San Diego, CA 92103

Contact: Katy Reid

Phone: (619)285-8802

E-mail: katy@townspeople.org

Christmas Party for HIV/AIDS Residents in low-income housing – Central (Mission Hills)

We are planning a winter holiday party for our residents in our City Heights Complex so that those who don't have a chance to spend time with family and friends for Christmas or Hanukah will feel that they got the chance to celebrate. The party will be mid-December with decorations, food, games, presents and some small crafts. We are also hoping to increase the sense of community amongst the residents.

We would like some volunteers to provide food and decorations if they have extra they could contribute. We would also love a volunteer to help us recruit presents for residents. We are hoping to get donations of soap and shampoo-practically things that many of our residents may not be able to afford.

No. of Vols: 2-15

Requirements: Minimum age 18, good for beginners, good for groups, wheelchair accessible

Date/Time: November 3rd through December 17th, between 5PM-6PM

Townspeople's Wish List – Central (Mission Hills)

We need donations of bathroom products to provide as presents for our residents, gift cards and adult men's clothing (new condition) are also greatly appreciated. We also need donations of food items such as soda, cookies, chips, any packaged food, plates, cups, etc... to have at the resident seasonal party. We are also looking for holiday decorations to decorate the homes of low-income residents; any winter holiday decoration is applicable.

No. of Vols: 2-15

Requirements: Minimum age 18, good for beginners, good for groups, wheelchair accessible

Date/Time: No later than December 11th, between 9AM-5PM

36- UCSD Medical Center

Services:

Our volunteer program supports UCSD Medical Center personnel in their activities of patient care, education and research. The role of volunteers is not to replace, but to supplement the regular professional staff, freeing them to provide the highest quality of patient care.

Approximately 350 volunteers are in the volunteer corps at any one time. This includes adults, college students, high school students during the summer, and San Diego community chaplains.

Location: 200 W. Arbor Dr. - San Diego, CA 92103

Contact: Judy Bradrick

Phone: (619)543-6370

E-mail: jbradrick@ucsd.edu

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Christmas Music / Adopt a Family - Central (Mission Hills)

Choirs and musical groups requested for Christmas caroling through the holidays, in the lobby and in patient care areas. Adopt a Family and provide gifts and /or grocery gift cards for very needy families.

No. of Vols: Open

Requirements: Minimum age 20, good for beginners, good for groups

Date/Time: December 10th through December 25th, Mon-Fri, between 9AM-8PM and Sat-Sun, between 10AM-8PM

UCSD Medical Center's Wish List - Central (Mission Hills)

We would appreciate donations of gifts and food certificates for needy families.

No. of Vols: Open

Requirements: Minimum age 20, good for beginners, good for groups

Date/Time: December 10th through December 25th, Mon-Fri, between 9AM-8PM and Sat-Sun, between 10AM-8PM.

37- Women's Resource Center

Services:

The Women's Shelter Program is committed to recognizing and responding to our community's need for comprehensive multicultural domestic violence services. We understand that domestic violence, in its fullest scope, impacts primary victims, family members, society, and future generations. With this in mind, it is our goal to stop the cycle of violence by providing crisis intervention, emergency shelter, advocacy, treatment, prevention and education.

Women's Shelter Program Vision

"A society where intimate partners and family members treat each other with dignity, respect, and compassion; where oppression is replaced with equality; where the expression of conflict and anger is non-violent; where children grow up with their esteem intact and are nurtured in such a manner they recognize the value of speaking the truth, welcoming diversity and practicing cooperation. Our vision is a society free from intimate and political wars."

Location: 1963 Apple St. - Oceanside, CA 92054

Contact: Tanya Caraballo

Phone: (760) 757-3500 X: 122

E-mail: vdmwrc@sbcglobal.net

Spirit of Giving – North (Oceanside)

This is an annual event held for clients and families that are housed at our shelter and transitional house. This event is held from 9AM to 2PM with different time slots to fill at different stations, such as crafts, childcare, picture with Santa, food, gift giving, and gift wrapping. We need many volunteers to help out at each station or activity.

No. of Vols: Open

Requirements: Minimum age 14, good for families / youth under 14

Date/Time: December 13th, between 9AM-2PM

Women's Resource Center's Wish List – North (Oceanside)

Toys and Non-perishable food items (i.e. canned goods, etc)

No. of Vols: Open

Requirements: Minimum age 14, good for families / youth under 14

Date/Time: December 13th, between 9AM-2PM

38- YMCA Youth & Family Services

Services:

YMCA Youth & family Service offers a variety of services to low income families, homeless youth and children in San Diego.

Location: 3304 Idlewild Way - San Diego, CA 92117

Contact: Noelle Kester

Phone: (619)640-9774

E-mail: nkester@ymca.org

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Turning Point Holiday Wrapping – Central (Clairemont)

Turning Point serves homeless youth and children in San Diego and seeks unused gifts for children and teenagers: Lotions cologne, gift cards, picture frames/albums, clothing, toys, books, jackets for children, etc...

Holiday decorations including tree ornaments, lights, garland, wreaths, stockings, etc... NO GLASS ORNAMENT PLEASE. All donations will be greatly appreciated!!

No. of Vols: Open

Requirements: Minimum age 14, good for families / youth under 14

Date/Time: December 19th, between 9AM-5PM. Please call us first.

YMCA OZ San Diego Wish List - Central (Claremont)

Holiday Gifts for group home residents age 12-17. Lotion, clothing, shoes, games, playing cards, body spray, hair products, picture frames, etc...

All donations will be greatly appreciated!!

No. of Vols: Open

Requirements: Minimum age 14, good for families / youth under 14

Date/Time: December 19th, between 9AM-5PM. Please call us first.

39- Zoofari, Inc.

Services:

We rescue and provide a permanent home for displaced, abandoned or non-releasable wildlife.

Location: 5712 Via Montellano - Bonsall, CA 92003

Contact: Jackie Navarro or Donna Lawson

Phone: (760) 630-9230

E-mail: wildwonders@att.net

Jungle Boogie Fundraiser – East (Bonsall)

We will need a group of people that we can contact in case we need assistance with our Jungle Boogie fundraiser gala on December 31st, from 6 – 8:30PM, at Wiens Family Cellars in Temecula, CA. Our organization is a non-profit wildlife facility located in North San Diego County, and Wiens has graciously offered to partner with us to help us raise much needed funds! We will need people to assist with checking in registered guests, setup and tear down, cashiering, running messages, and promoting our silent auction items.

No. of Vols: 10-15

Requirements: Minimum age 21, good for beginners, good for groups

Date/Time: December 31st, between 6PM-8:30PM

Bookstore Gift Wrapping – East (Bonsall)

We need a group of people to partner with Zoofari to help wrap gifts for local bookstores over the holidays. All proceeds from the gift wrapping will benefit Zoofari's animals and our mission of promoting wildlife conservation through local and global education.

No. of Vols.: 5-30

Requirements: Minimum age 21, good for beginners, good for groups

Date/Time: November 17th through December 24th, Mon-Fri, between 8AM-5PM; and Sat-Sun, between 10AM-5PM

Zoofari's Wish List – East (Bonsall)

Monetary donations and gift cards from any local grocery stores, Office Depot, Staples, Home Depot, Lowe's, or pet stores are always needed and greatly appreciated. If you'd prefer to make a tax-deductible donation of items, we need all of the following, in "new" or "like new" condition.

Outdoor Supplies:

Landscaping Materials / Non-toxic plants, trees, and grasses, cordless Drill / drill bits, small chainsaw or electric saw, compact tool set / tool kit (wrench, hammer, screwdrivers, etc.), tool box, hand cart, car wash supplies (long scrub brushes, soap, etc.), 6' Rubbermaid Table (2), zip ties, bamboo screening (rolls), bolts/yardage of black shade cloth, large plastic Rubbermaid storage cabinets, black plastic tarps, brass hose nozzles, and large Rubbermaid totes

2008 Holiday Volunteer Guide

Pet Supplies:

Vari kennels by Petmate (sizes 100 - 500), fold-down wire portable dog kennels (all sizes), livestock, trough/tank (oval, metal - 2'x2'x6' 160 gallon or 2'x2'x4' 100 gallon), heavy duty oval tank (180 gallon), plastic "Vision" Cages, for reptiles (all sizes), hard plastic dog houses (all sizes), plastic covered cat litter boxes, heated Cane Mats (also called Pig Blankets), small glass aquariums (5gallon) or Terrariums, plastic Critter Keepers, and Bird Toys

Kitchen Supplies:

Paper towels, garbage bags, sponges, scrub brushes (any size), Simple Green, Nolvasan, Dust Buster, refrigerator, box Fan (square fan), bolts or yardage of fabric with animal print, and laundry detergent

Office Supplies:

Computer(s), digital video camera, portable sound system, envelopes, paper, whiteboards (Medium to Large), and dry erase markers

Service Donations:

Printing service donations, grant writing donations, and volunteer keeper aides

No. of Vols: 10-15

Requirements: Minimum age 16, good for beginners, good for families / youth under 14, good for groups

Date/Time: No later than December 30th, between 8AM-4PM

For more volunteer projects, please visit www.volunteersandiego.org.

Happy Holidays!