



Change yourself. Change your world. Volunteer.

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Corporate Volunteer News

April 2009

## About this Newsletter

This e-newsletter is designed and distributed by Volunteer San Diego. Its intent is to highlight corporate volunteering efforts in San Diego, discover trends in employee volunteering and bring corporate volunteer managers together as a group.

## Peer Learning Session Current Trends in Corporate Volunteerism

### JOIN US ON APRIL 30th!

**Volunteer San Diego and San Diego Grantmakers are teaming up to facilitate a peer learning discussion on current trends in corporate volunteerism to help your efforts in this increasingly critical area--including case studies and examples.**

**Topic:** Current Trends in Corporate Volunteerism: A Key Resource for your Company and for our Community Now

**Date:** April 30, 2009, 8:30 am - 10:30 am

**Location:** Cox Communications, downtown San Diego (address details emailed with confirmation email)

For additional details click [here](#).

RSVP to [programs@sdgrantmakers.org](mailto:programs@sdgrantmakers.org)

## Volunteerism Expands Nationally

## House Passes Bipartisan Legislation to Expand and Strengthen National Service

The Corporation for National and Community Service will increase and enhance opportunities for Americans of all ages to serve by setting AmeriCorps on a path to increase from 75,000 to 250,000 positions each year, establishing a Summer of Service program, expanding eligibility for Senior Corps programs, and creating Silver Scholarships and Encore Fellowships for older Americans.

Learn more [here](#).

### COX Volunteer Day 2009



On March 11, 2009 Cox employees gave back to the community of San Diego in a memorable Cox Volunteer Day. In just one day over 240 volunteers assembled emergency supply bags and donated them to 100 military families; created 500 "A Hug from Home" kids disaster

preparedness kits to be given out at the **Armed Services YMCA** Healthy Kids Day; built 16 planter boxes and painted murals for **Baker Elementary School**; sorted 6.5 pallets of food items and assembled 1,304 backpacks at **Feeding America** for hungry children; and picked up 110 lbs of trash with **Coastkeepers** from San Diego beaches.

### CIGNA

On March 13, 2009 CIGNA employees and clients participated in an afternoon of service at **The Arc of San Diego, North Shores Vocation Center**. With a donation of 75 service hours, volunteers worked together to create an outdoor sensory courtyard that will be used as a space of



relaxation and growth. To enhance the sensory space, volunteers completed two beautiful mosaic tile murals and planted brightly colored flowers and scented herbs. In addition, volunteers painted pots, constructed and painted benches, while creating eye-catching windchimes, plant markers and peace rocks with the consumers of the center.

## What are the volunteers saying?

"I learned the value of giving to less fortunate people. Also, I understand that if we come together as a whole, we can accomplish more."

- **COX Volunteer, March 2009**

"Today, I learned...'Teamwork is Powerful.'"

- **CIGNA Volunteer, March 2009**

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